

COMMUNITY ASSOCIATIONS, SOCIETIES, PROGRAMS AND CENTRES

ADOPTIVE Families Association of BC Toll Free..... 1-877-236-7807	CANADIAN Red Cross Toll Free..... 1-800-565-8000	HOSPICE Society - North Okanagan Vernon 250-503-1800	PROBLEM Gambling Helpline Toll Free..... 1-888-795-6111
ADULT Addictions Centre Vernon 250-549-5737	CAREER Tech Achievement Centre 3107 29 Ave Vernon 250-542-5748	HOSPICE Support Revelstoke 250-837-5523 Salmon Arm 250-832-7099	PROVINCIAL Family & Child Affairs After Hours Switchboard Toll Free..... 1-800-663-9122
AIDS Testing Information & STD / HIV Information Line Toll Free..... 1-800-661-4337	CHILDREN'S Wish Foundation of Canada Toll Free..... 1-800-267-9474	INTERIOR Provincial Exhibition Assn (IPE) 3371 Pleasant Vly Rd Armstrong..... 250-546-9406	RED Cross Loan Cupboard Salmon Arm 250-832-6553 Vernon 250-545-3111
ALCOHOLICS Anonymous Vernon 250-545-4933	CONNECTIONS Career Centre 3105 33 St Vernon 250-545-5705	JUVENILE Diabetes Research Foundation Toll Free..... 1-877-287-3533 www.jdrf.ca	REVELSTOKE Awareness & Outreach Program Revelstoke..... 250-837-6030 www.povnet.org/node/1271
ALZHEIMER Resource Centre - North & Central Okanagan Toll Free..... 1-800-634-3399	CREDIT Counselling Society of BC Toll Free..... 1-888-527-8999	LAW Referral Toll Free..... 1-800-663-1919	REVELSTOKE Community Connections Volunteer Centre Revelstoke 250-837-2920 www.community-connections.ca
ALZHEIMER Society of BC Toll Free..... 1-800-667-3742 Dementia Helpline 1-800-936-6033 www.alzheimerbc.org	CRISIS Assistance Society Vernon 250-545-8074	LITERACY BC Toll Free..... 1-800-663-1293	ST JOHN Ambulance Vernon 250-545-4200
ARTHRITIS Answers Line Toll Free..... 1-800-321-1433	CRISIS Line Toll Free..... 1-888-353-2273	LUPUS Society Toll Free..... 1-866-585-8787 www.bclupus.org	SCHUBERT'S Centre Vernon 250-549-4201
BC Bereavement Foundation Toll Free..... 1-877-779-2223	DIABETES Resource Centre Toll Free..... 1-888-874-9333	MEALS On Wheels Revelstoke 250-837-3147 Vernon 250-503-3706	SENIOR Citizen's Centre Society Enderby..... 250-838-7541
BC Coalition To Eliminate Abuse of Seniors (BC CEAS) Toll Free..... 1-866-437-1940	DIAL-A-DIETITIAN Toll Free..... 1-800-667-3438	MEMORIAL Society of BC Toll Free..... 1-888-816-5902 www.memorialsocietybc.org	SENIORS Activity Centre Armstrong..... 250-546-1118 Fletcher's Senior's Resource Centre Salmon Arm 250-832-7000 Halina's Senior's Centre Vernon 250-542-2877 Shuswap Lake Senior Citizens Salmon Arm 250-832-3015
BC Epilepsy Society Toll Free..... 1-866-374-5377 www.epilepsy.ca	DIAL-A-LAW Toll Free..... 1-800-565-5297	MULTIPLE Sclerosis Society of Canada Toll Free..... 1-800-268-7582 www.msociety.ca	SENIOR'S Outreach #106-2402 27 Ave Vernon.... 250-545-3717
BC Paraplegic Association Toll Free..... 1-877-324-3611	DISABILITY Resource Centre Vernon 250-545-9292	NARCOTICS Anonymous Toll Free..... 1-855-444-2262	SENIORS Supplement Toll Free..... 1-866-866-0800
BC Persons with AIDS Society Toll Free..... 1-800-994-2437	FAMILY Services Resource Society Salmon Arm 250-832-2170 Vernon 250-545-3390	NORTH Okanagan Child Care Society Vernon 250-558-9963	SENIORS Shelter Aid For Elderly Renters (SAFER) Toll Free..... 1-800-257-7756
BC Safe School Centre Toll Free..... 1-888-224-7233	FAMILY Support & Information Centre Mental Illness..... 250-260-3233	NORTH Okanagan Employment Enhancement Society (NOEES) Vernon 250-545-0585 www.noees.com	SHUSWAP Family Planning Clinics - Options For Sexual Health Salmon Arm 250-833-4100
BC SPCA - Society for Prevention of Cruelty to Animals Salmon Arm 250-832-7376 Find Us On Facebook Vernon 250-549-7297 Emergencies 250-938-5406	55+ BC Games Victoria..... 778-426-2940 www.55plusbcgames.org	NORTH Okanagan Handicapped Association Vernon 250-542-7605	SPARC of BC Parking Permits for Persons with Disabilities Toll Free..... 1-888-718-7794
BC Transplant Society - Organ Donation Toll Free..... 1-800-663-6189	FOOD Banks Armstrong..... 250-546-3465 Enderby..... 250-938-3114 Lumby 250-547-2225 Revelstoke 250-837-2920 Salmon Arm 250-832-9194 Or 250-833-4011 Sicamous..... 250-836-3440 Vernon 250-549-4111 Canadian Association of Food Banks Toll Free..... 1-877-535-0958 www.cafb-acba.ca	OKANAGAN Boys and Girls Clubs www.boysandgirlsclubs.ca Armstrong Boys & Girls Club 3385 Pleasant Valley Rd Arm V0E 1B0..... 250-546-3465 Armstrong Boys & Girls Club Community Service Centre 3459 Pleasant Valley Rd Arm V0E 1B0..... 250-546-9900 Vernon Boys & Girls Club 3300 37 Ave Vern V1T 2Y5.... 250-542-3121	TENANT Resource & Advisory Centre (TRAC) Toll Free..... 1-800-665-1185
BIG Brothers / Big Sisters of the Okanagan Vernon 250-545-7568	GIRL Guides of Canada Toll Free..... 1-800-565-8111 www.bc-girlguides.org	OKANAGAN Science Centre 2704 Hwy 6 Vern V1T 5G5.... 250-545-3644 www.okscience.ca	VOLUNTEER BC Vancouver 604-379-2311 www.volunteerbc.bc.ca
BREAST Screening Mammography Program of BC Toll Free..... 1-800-663-9203	HEALTH & Seniors Information Line Toll Free..... 1-800-465-4911	PARENTS Support Services Society of BC Toll Free..... 1-855-474-9777	WESTERN Institute For The Deaf & Hard of Hearing Toll Free..... 1-888-736-7391 TTY..... 1-888-736-2527
BUS Passes For Seniors Toll Free..... 1-866-866-0800 Follow Instructions	HEALTH Insurance of BC Toll Free..... 1-800-663-7100	WOMEN'S Emergency Shelter Revelstoke 250-837-1111 Salmon Arm 250-832-9616	WOMEN'S Enterprise Society of BC Toll Free..... 1-800-643-7014 www.womenenterprise.ca
CANADIAN Avalanche Association www.avalanche.ca	HEART & Stroke Foundation of BC & Yukon Main Information Line Toll Free..... 1-888-473-4636 Vernon 250-558-5815 Okanagan / Kootenay..... 1-866-432-7833	WOMEN'S Transition House Vernon 250-542-1122	
CANADIAN Bible Society Toll Free..... 1-800-465-2425	HOME Support Services Revelstoke 250-837-2021 Salmon Arm 250-832-6643		
CANADIAN Cancer Society Toll Free..... 1-888-939-3333 www.bc.cancer.ca			
CANADIAN Mental Health Association Revelstoke 250-814-2241 Salmon Arm 250-833-4100 Or 250-833-4102 Vernon 250-542-3114 Information Line..... 1-800-661-2121			
CANADIAN National Institute For The Blind (CNIB) Toll Free..... 1-800-563-2642			