

# COMMUNITY ASSOCIATIONS, SOCIETIES, PROGRAMS AND CENTRES

<b>ADOPTIVE Families Association of BC</b> Toll Free..... 1-877-236-7807	<b>CHILDREN'S Therapy and Family Resources Centre</b> 801 McGill Kamloops..... 250-371-4100	<b>KAMLOOPS Child Care Resource &amp; Referral Program</b> Kamloops..... 250-434-1701	<b>PONDEROSA Lodge Adult Day Services</b> 425 Columbia St Kam..... 250-374-5671
<b>AIDS Testing Information &amp; STD/HIV Information Line</b> Toll Free..... 1-800-661-4337	<b>CHILDREN'S Wish Foundation of Canada</b> Toll Free..... 1-800-267-9474 www.childrenswish.ca	<b>KAMLOOPS Community Volunteer Service</b> 645 Victoria St Kamloops..... 250-372-8313	<b>PROBLEM Gambling Help Line</b> 24 Hours..... 1-888-795-6111
<b>ALANO Society</b> Kamloops..... 250-376-5115	<b>COMMUNITY Policing &amp; Block Parents</b> Kamloops..... 250-376-5099	<b>KAMLOOPS Food Bank &amp; Outreach Society</b> 171 Wilson St Kamloops..... 250-376-2252	<b>PROVINCIAL Family &amp; Child Affairs</b> After Hours Switchboard Toll Free..... 1-800-663-9122
<b>ALCOHOL &amp; Drug Information &amp; Referral Service</b> Toll Free..... 1-800-663-1441	<b>COMPASSIONATE Friends</b> Kamloops..... 250-374-6030	<b>KAMLOOPS Hospice Association</b> Kamloops..... 250-372-1336	<b>QUIT NOW! Smokers Help Line</b> Toll Free..... 1-877-455-2233
<b>ALCOHOLICS Anonymous</b> Kamloops..... 250-374-2456	<b>CREDIT Counselling Society of BC</b> Toll Free..... 1-888-527-8999	<b>KAMLOOPS Immigrant Services</b> 448 Tranquille Rd Kam..... 778-470-6101 Fax Line..... 778-470-6102	<b>RCMP Victims Services</b> Kamloops..... 250-828-3223
<b>AL-ANON</b> Kamloops..... 250-374-2456	<b>CRISIS Line BC</b> Toll Free..... 1-800-515-6999	<b>KAMLOOPS Sailing Association</b> Kamloops..... 250-376-7555	<b>REPRESENTATIVE For Children &amp; Youth</b> Toll Free..... 1-800-476-3933 www.rcybc.ca
<b>ALZHEIMER Society BC</b> Toll Free..... 1-800-886-6946	<b>CRISIS Line Canadian Mental Health Association</b> Toll Free..... 1-800-667-8407	<b>KAMLOOPS Society for Community Living</b> 521 Seymour Kamloops..... 250-374-3245	<b>ST JOHN Ambulance</b> 627 Victoria St Kamloops..... 250-372-3853
<b>ARMY, Navy &amp; Airforce Veterans</b> 444 Tranquille..... 250-554-2455	<b>CRISIS Line - Urgent Response</b> Kamloops..... 250-377-0088	<b>KAMLOOPS Recycle Works</b> Kamloops..... 250-374-8827	<b>SENIORS' Information Services Society</b> North Hills Mall..... 250-554-4145
<b>ARTHRITIS Answers Line</b> Toll Free..... 1-800-321-1433	<b>CHRIS Rose Therapy Centre for Autism</b> 655 Holt St Kamloops..... 250-376-6494	<b>KIDS Help Phone</b> Toll Free..... 1-800-668-6868	<b>SENIORS' Outreach Services Society</b> 103 - 540 Seymour..... 250-828-0600
<b>ASK Wellness Centre</b> Kamloops..... 250-376-7558 Toll Free..... 1-800-661-7541 www.askwellness.ca	<b>DESERT Gardens Community Centre</b> 540 Seymour St Kamloops..... 250-372-5110	<b>KIWANIS House</b> Kamloops..... 250-374-6551	<b>SENIORS' Supplement</b> Toll Free..... 1-866-866-0800
<b>BC Bereavement Foundation</b> Toll Free..... 1-877-779-2223	<b>DIABETES Resource Centre</b> Toll Free..... 1-800-268-4656	<b>LITERACY BC</b> Toll Free..... 1-888-732-2324	<b>SEXUAL Assault Counselling Centre</b> 627B Victoria St Kamloops..... 250-372-0179
<b>BC Epilepsy Society</b> ..... 604-875-6704	<b>DIAL-A-DIETITIAN</b> Toll Free..... 811	<b>LOVE Your Neighbour Kam</b> ..... 250-318-7525	<b>SHELTER Aid For Elderly Renters (SAFER)</b> Toll Free..... 1-800-257-7756
<b>BC Paraplegic Association</b> ..... 604-324-3611	<b>ELIZABETH Fry Society</b> 261B Victoria St Kamloops..... 250-374-2119	<b>MEALS on Wheels</b> Kamloops..... 250-376-3660	<b>SPCA Society For Prevention of Cruelty To Animals</b> 1211 8 St Kamloops..... 250-376-7722 www.spca.bc.ca
<b>BC Safe School Centre</b> Toll Free..... 1-888-224-7233	<b>55 Alive - The Mature Driver Course</b> ..... 613-739-1535	<b>MEDICAL Services Plan</b> Toll Free..... 1-800-663-7100	<b>THOMPSON Community Services</b> Kamloops..... 250-828-1508
<b>BC Transplant Society - Organ Donation</b> Toll Free..... 1-800-663-6189 www.transplant.bc.ca	<b>FOOD Safety Information Society</b> Toll Free..... 1-800-892-8333	<b>MEDICATION Information Line</b> Toll Free..... 1-800-668-6233	<b>TENANT Resource &amp; Advisory Centre (TRAC)</b> Toll Free..... 1-800-665-1185
<b>BIG Brothers/Big Sisters</b> Kamloops..... 250-374-6134	<b>GIRL Guides</b> Toll Free..... 1-800-565-8111	<b>MEMORIAL Society of BC</b> Toll Free..... 1-888-816-5902 www.memorialsocietybc.org	<b>VENTURE Kamloops</b> 297 1st Ave Kamloops..... 250-828-6818 Toll Free..... 1-888-526-5667
<b>BOY'S &amp; Girl's Club</b> McArthur Isld Youth Centre..... 250-554-5437	<b>HANDYDART Transit Service</b> Kamloops..... 250-376-7525	<b>MENTAL Health Information Line</b> Toll Free..... 1-800-661-2121	<b>VETERANS Affairs Canada</b> Toll Free..... 1-866-522-2122
<b>BOY Scouts Kamloops</b> Kamloops..... 250-372-1345	<b>HEALTH &amp; Seniors Information Line</b> Toll Free..... 1-800-465-4911	<b>MISSING Children Society of Canada</b> Toll Free..... 1-800-661-6160	<b>VICTIMLINK</b> Toll Free..... 1-800-563-0808
<b>BREAST Screening Mammography Program of BC</b> Toll Free..... 1-800-663-9203	<b>HEART &amp; Stroke Foundation of BC &amp; Yukon</b> Toll Free..... 1-888-473-4636	<b>MULTIPLE Sclerosis Society</b> Toll Free..... 1-800-268-7582	<b>VOLUNTEER BC</b> Vancouver..... 604-873-5877 www.volunteerbc.bc.ca
<b>BUS Passes For Seniors</b> Toll Free..... 1-866-866-0800	<b>HOUSE of Ruth</b> Addiction Services Kam..... 250-376-5621 www.newlifemission.ca	<b>NARCOTICS Anonymous</b> Kamloops..... 250-320-5032	<b>WAGE Subsidy Centre</b> 3-275 Seymour Kamloops..... 250-372-1666
<b>CANADIAN Association of Food Banks</b> Toll Free..... 1-877-535-0958 www.cafb-acba.ca	<b>INTERIOR Community Services</b> 765 Tranquille Rd Kam V2B 3J3..... 250-554-3134 Toll Free..... 1-877-376-3660 www.interiorcommunityservices.bc.ca	<b>NEED Crisis Line</b> Kamloops..... 250-386-6323	<b>WESTERN Institute For The Deaf &amp; Hard of Hearing</b> ..... 604-736-7391
<b>CANADIAN Cancer Society</b> Toll Free..... 1-888-939-3333 www.bc.cancer.ca	<b>INTERIOR Indian Friendship Society's Alcohol &amp; Drug Counsellor</b> Kamloops..... 250-376-1296	<b>NORTH Shore Community Centre</b> Kamloops..... 250-376-4777	<b>YMCA/YWCA</b> 400 Battle St Kamloops..... 250-372-7725
<b>CANADIAN Diabetes Association</b> Toll Free..... 1-800-266-8464	<b>JOHN Howard Society</b> 100-529 Seymour St..... 250-374-3844	<b>OLD Age Security &amp; Canada Pension Plan</b> Toll Free..... 1-800-277-9914	
<b>CANADIAN Mental Health Association</b> 857 Seymour Kamloops..... 250-374-0440		<b>PARENT Support Services Society of BC</b> Toll Free..... 1-855-474-9777	
<b>CANADIAN National Institute for the Blind - CNIB</b> Toll Free..... 1-800-563-2642		<b>PEOPLE in Motion</b> 182B Tranquille Rd Kam..... 250-376-7878	
<b>CHILD Development Centre</b> 157 Holway Kamloops..... 250-376-2233		<b>PHOENIX Centre - Kamloops Society For Alcohol &amp; Drug Services</b> Kamloops..... 250-374-4634 www.phoenixcentre.org	
<b>CHILDREN'S Help Line</b> Toll Free..... 310-1234			