

COMMUNITY ASSOCIATIONS, SOCIETIES, PROGRAMS AND CENTRES

ADOPTIVE Families Association of BC Toll Free.....1-877-236-7807	CANADIAN Mental Health Association Revelstoke.....250-814-2241 Salmon Arm.....250-833-4100 Or.....250-833-4103 Vernon.....250-542-3114 Information Line.....1-800-661-2121	HEART & Stroke Foundation of BC & Yukon Main Information Line Toll Free.....1-888-473-4636 Vernon.....250-558-5815 Okanagan / Kootenay.....1-866-432-7833	OKANAGAN Science Centre 2704 Hwy 6 Vern V1T 5G5.....250-545-3644 www.okscience.ca
ADULT Addictions Centre Vernon.....250-549-5737	CANADIAN National Institute For The Blind (CNIB) Toll Free.....1-800-563-2642	HOME Support Services Revelstoke.....250-837-2021 Salmon Arm.....250-832-6643	PARENTS Support Services Society of BC Toll Free.....1-800-665-6880
AIDS Testing Information & STD / HIV Information Line Toll Free.....1-800-661-4337	CANADIAN Red Cross Toll Free.....1-800-565-8000	HOSPICE Society - North Okanagan Vernon.....250-503-1800	PROBLEM Gambling Helpline Toll Free.....1-888-795-6111
ALCOHOLICS Anonymous Vernon.....250-545-4933	CAREER Tech Achievement Centre 3107 29 Ave Vernon.....250-542-5748	HOSPICE Support Revelstoke.....250-837-5523 Salmon Arm.....250-832-7099	PROVINCIAL Family & Child Affairs After Hours Switchboard Toll Free.....1-800-663-9122
ALZHEIMER Resource Centre - North & Central Okanagan Toll Free.....1-800-634-3399	CHILDREN'S Wish Foundation of Canada Toll Free.....1-800-267-9474	INTERIOR Provincial Exhibition Assn (IPE) 3371 Pleasant Vly Rd Armstrong.....250-546-9406	RED Cross Loan Cupboard Salmon Arm.....250-832-6553 Vernon.....250-545-3111
ALZHEIMER Society of BC Toll Free.....1-800-667-3742 Dementia Helpline.....1-800-936-6033 www.alzheimerbc.org	CONNECTIONS Career Centre 3309C 31 Ave Vernon.....250-545-5705	JUVENILE Diabetes Research Foundation Toll Free.....1-877-287-3533 www.jdrf.ca	REVELSTOKE Awareness & Outreach Program Revelstoke.....250-837-6030 www.povnet.org/node/1271
ARTHRITIS Answers Line Toll Free.....1-800-321-1433	CREDIT Counselling Society of BC Toll Free.....1-888-527-8999	LAW Referral Toll Free.....1-800-663-1919	REVELSTOKE Community Connections Volunteer Centre Revelstoke.....250-837-2920 www.community-connections.ca
BC Bereavement Foundation Toll Free.....1-877-779-2223	CRISIS Assistance Society Vernon.....250-545-8074	LITERACY BC Toll Free.....1-800-663-1293	ST JOHN Ambulance Vernon.....250-545-4200
BC Coalition To Eliminate Abuse of Seniors (BC CEAS) Toll Free.....1-866-437-1940	CRISIS Line Toll Free.....1-888-353-2273	LUPUS Society Toll Free.....1-866-585-8787 www.bclupus.org	SCHUBERT'S Centre Vernon.....250-549-4201
BC Epilepsy Society Toll Free.....1-866-374-5377 www.epilepsy.ca	DIABETES Resource Centre Toll Free.....1-800-268-4656	MEALS On Wheels Revelstoke.....250-837-3147 Salmon Arm (Ext 211).....250-833-3636 Vernon.....250-503-3706	SENIOR Citizen's Centre Society Enderby.....250-838-7541
BC Paraplegic Association Toll Free.....1-877-324-3611	DIAL-A-DIETITIAN Toll Free.....1-800-667-3438	MEMORIAL Society of BC Toll Free.....1-888-816-5902 www.memorialsocietybc.org	SENIORS Activity Centre Armstrong.....250-546-1118 Fletcher's Senior's Resource Centre Salmon Arm.....250-832-7000 Halina's Senior's Centre Vernon.....250-542-2877 Shuswap Lake Senior Citizens Salmon Arm.....250-832-3015
BC Persons with AIDS Society Toll Free.....1-800-994-2437	DIAL-A-LAW Toll Free.....1-800-565-5297	MISSING Children Society of Canada Toll Free.....1-800-661-6160	SENIOR'S Outreach #106-2402 27 Ave Vernon...250-545-3717
BC Safe School Centre Toll Free.....1-888-224-7233	DISABILITY Resource Centre Vernon.....250-545-9292	MULTIPLE Sclerosis Society of Canada Toll Free.....1-800-268-7582 www.mssociety.ca	SENIORS Supplement Toll Free.....1-866-866-0800
BC Senior Games Society Victoria.....250-385-3610 www.bcseniorgames.org	FAMILY Services Resource Society Salmon Arm.....250-832-2170 Vernon.....250-545-3390	NARCOTICS Anonymous Vernon.....250-549-7002	SENIORS Supplement Toll Free.....1-866-866-0800
BC SPCA - Society for Prevention of Cruelty to Animals Salmon Arm.....250-832-7376 Emergencies.....250-833-2801 www.shuswapspca.com	FAMILY Support & Information Centre Mental Illness.....250-260-3233	NORTH Okanagan Child Care Society Vernon.....250-558-9963	SENIORS Supplement Toll Free.....1-866-866-0800
BC Transplant Society - Organ Donation Toll Free.....1-800-663-6189	FOOD Banks Armstrong.....250-546-3465 Enderby.....250-838-6048 Lumby.....250-547-2225 Revelstoke.....250-837-2920 Salmon Arm.....250-832-9194 Sicamous.....250-836-3440 Vernon.....250-549-4111 Canadian Association of Food Banks Toll Free.....1-877-535-0958 www.cafb-acba.ca	NORTH Okanagan Employment Enhancement Society (NOEES) Vernon.....250-545-0585 www.noees.com	SENIORS Supplement Toll Free.....1-866-866-0800
BIG Brothers / Big Sisters of the Okanagan Vernon.....250-545-7568	GIRL Guides of Canada Toll Free.....1-800-565-8111 www.bc-girlguides.org	NORTH Okanagan Handicapped Association Vernon.....250-542-7605	SENIORS Supplement Toll Free.....1-866-866-0800
BREAST Screening Mammography Program of BC Toll Free.....1-800-663-9203	HEALTH & Seniors Information Line Toll Free.....1-800-465-4911	OKANAGAN Boys and Girls Clubs www.boysandgirlsclubs.ca Armstrong Boys & Girls Club 3385 Pleasant Valley Rd Arm V0E 1B0.....250-546-1852 Armstrong Boys & Girls Club Community Service Centre 3459 Pleasant Valley Rd Arm V0E 1B0.....250-546-3465 Vernon Boys & Girls Club 3300 37 Ave Vern V1T 2Y5...250-542-3121	SENIORS Supplement Toll Free.....1-866-866-0800
BUS Passes For Seniors Toll Free.....1-866-866-0800 Press #4, Then Press #3	HEALTH Insurance of BC Toll Free.....1-800-663-7100		SENIORS Supplement Toll Free.....1-866-866-0800
CANADIAN Avalanche Association www.avalanche.ca			SENIORS Supplement Toll Free.....1-866-866-0800
CANADIAN Bible Society Toll Free.....1-800-465-2425			SENIORS Supplement Toll Free.....1-866-866-0800
CANADIAN Cancer Society Toll Free.....1-888-939-3333 www.bc.cancer.ca			SENIORS Supplement Toll Free.....1-866-866-0800