

COMMUNITY ASSOCIATIONS, SOCIETIES, PROGRAMS AND CENTRES

ADOPTIVE Families Association of BC
Toll Free..... 1-877-236-7807

AIDS Testing Information & STD/HIV Information Line
Toll Free..... 1-800-661-4337

ALANO Society
Kamloops..... 250-376-5115

ALCOHOL & Drug Information & Referral Service
Toll Free..... 1-800-663-1441

ALCOHOLICS Anonymous
Kamloops..... 250-374-2456

AL-ANON
Kamloops..... 250-374-2456

ALZHEIMER Society BC
Toll Free..... 1-800-886-6946

ARMY, Navy & Airforce Veterans
444 Tranquille..... 250-554-2455

ARTHRITIS Answers Line
Toll Free..... 1-800-321-1433

ASK Wellness Centre
Kamloops..... 250-376-7558
Toll Free..... 1-800-661-7541
www.askwellness.ca

BC Bereavement Foundation
Toll Free..... 1-877-779-2223

BC Epilepsy Society
Toll Free..... 1-866-374-5377

BC Paraplegic Association
Toll Free..... 1-877-324-3611

BC Safe School Centre
Toll Free..... 1-888-224-7233

BC Senior Games Society
Phone..... 250-385-3610
www.bcseniorgames.org

BC Transplant Society - Organ Donation
Toll Free..... 1-800-663-6189
www.transplant.bc.ca

BIG Brothers/Big Sisters
Kamloops..... 250-374-6134

BOY'S & Girl's Club
McArthur Isld Youth Centre... 250-554-5437

BOY Scouts Kamloops
Kamloops..... 250-371-0545

BREAST Screening Mammography Program of BC
Toll Free..... 1-800-663-9203

BUS Passes For Seniors
Toll Free..... 1-888-661-1566

CANADIAN Association of Food Banks
Toll Free..... 1-877-535-0958
www.cafb-acba.ca

CANADIAN Cancer Society
Toll Free..... 1-888-939-3333
www.bc.cancer.ca

CANADIAN Diabetes Association
Kamloops..... 250-374-5744

CANADIAN Mental Health Association
857 Seymour Kamloops..... 250-374-0440

CANADIAN National Institute for the Blind - CNIB
Toll Free..... 1-800-563-2642

CANADIAN Paraplegic Association
830 Seymour Kamloops..... 250-851-0882

CHILD Development Centre
157 Holway Kamloops..... 250-376-2233

CHILDREN'S Help Line
Toll Free..... 310-1234

CHILDREN'S Therapy and Family Resources Centre
801 McGill Kamloops..... 250-371-4100

CHILDREN'S Wish Foundation of Canada
Toll Free..... 1-800-267-9474
www.childrenswish.ca

COMMUNITY Policing & Block Parents
Kamloops..... 250-376-5099

COMPASSIONATE Friends
Kamloops..... 250-374-6030

CREDIT Counselling Society of BC
Toll Free..... 1-888-527-8999

CRISIS Line BC
Toll Free..... 1-800-515-6999

CRISIS Line Canadian Mental Health Association
Toll Free..... 1-800-667-8407

CRISIS Line - Urgent Response
Kamloops..... 250-377-0088

CHRIS Rose Therapy Centre for Autism
655 Holt St Kamloops..... 250-376-6494

DESERT Gardens Community Centre
540 Seymour St Kamloops..... 250-372-5110

DIABETES Resource Centre
Toll Free..... 1-800-268-4656

DIAL-A-DIETITION
Toll Free..... 1-800-667-3438

ELIZABETH Fry Society
261B Victoria St Kamloops... 250-374-2119

55 Alive - The Mature Driver Course
Toll Free..... 1-877-501-5006

FOOD Safety Information Society
Toll Free..... 1-800-892-8333

GIRL Guides
Toll Free..... 1-800-565-8111

HANDYDART Transit Service
Kamloops..... 250-376-7525

HEALTH & Seniors Information Line
Toll Free..... 1-800-465-4911

HEART & Stroke Foundation of BC & Yukon
Toll Free..... 1-888-473-4636

HOUSE of Ruth
Addiction Services Kam..... 250-376-5621
www.newlifemission.ca

INTERIOR Community Services
765 Tranquille Rd
Kam V2B 3J3..... 250-554-3134

INTERIOR Community Services
Toll Free..... 1-877-376-3660
www.interiorcommunityservices.bc.ca

INTERIOR Indian Friendship Society's Alcohol & Drug Counsellor
Kamloops..... 250-376-1296

JOHN Howard Society
312 - 141 Victoria..... 250-374-3844

KAMLOOPS Child Care Resource & Referral Program
Kamloops..... 250-372-7791

KAMLOOPS Community Volunteer Service
645 Victoria St Kamloops..... 250-372-8313

KAMLOOPS Food Bank & Outreach Society
171 Wilson St Kamloops..... 250-376-2252

KAMLOOPS Hospice Association
Kamloops..... 250-372-1336

KAMLOOPS Human Science & Services Society
Kamloops..... 250-828-2411

KAMLOOPS Immigrant Services
448 Tranquille Rd Kam..... 778-470-6101

KAMLOOPS Sailing Association
Kamloops..... 250-828-0240

KAMLOOPS Society for Community Living
521 Seymour Kamloops..... 250-374-3245

KAMLOOPS Newcomer Club
Kamloops..... 250-372-2577

KAMLOOPS Recycle Works
Kamloops..... 250-374-8827

KIDS Help Phone
Toll Free..... 1-800-668-6868

KIWANIS House
Kamloops..... 250-374-6551

LITERACY BC
Toll Free..... 1-800-663-1293

LOVE Your Neighbour
Kam..... 250-318-7525

MEALS on Wheels
Kamloops..... 250-554-3134

MEDICAL Services Plan
Toll Free..... 1-800-663-7100

MEDICATION Information Line
Toll Free..... 1-800-668-6233

MEMORIAL Society of BC
Toll Free..... 1-888-816-5902
www.memorialsocietybc.org

MENTAL Health Information Line
Toll Free..... 1-800-661-2121

MISSING Children Society of Canada
Toll Free..... 1-800-661-6160

MULTIPLE Sclerosis Society
Toll Free..... 1-800-268-7582

NARCOTICS Anonymous
Kamloops..... 250-320-5032

NEED Crisis Line
Kamloops..... 250-386-6323

NORTH Shore Community Centre
Kamloops..... 250-376-4777

OLD Age Security & Canada Pension Plan
Toll Free..... 1-800-277-9914

PARENT Support Services Society of BC
Toll Free..... 1-800-665-6880

PEOPLE in Motion
6E - 750 Cottonwood Ave
Kam..... 250-376-7878

PHOENIX Centre - Kamloops Society For Alcohol & Drug Services
Kamloops..... 250-374-4634
www.phoenixcentre.org

PONDEROSA Lodge Adult Day Services
425 Columbia St Kam..... 250-374-5671

PROBLEM Gambling Help Line
24 Hours..... 1-888-795-6111

PROVINCIAL Family & Child Affairs
After Hours Switchboard
Toll Free..... 1-800-663-9122

QUIT NOW! Smokers Help Line
Toll Free..... 1-877-455-2233

RCMP Victims Services
Kamloops..... 250-828-3223

REPRESENTATIVE For Children & Youth
Toll Free..... 1-800-476-3933
www.rcybc.ca

ST JOHN Ambulance
627 Victoria St Kamloops..... 250-372-3853

SENIORS' Information Services Society
North Hills Mall..... 250-554-4145

SENIORS' Outreach Services Society
103 - 540 Seymour..... 250-828-0600

SENIORS' Supplement
Toll Free..... 1-866-866-0800

SESSEXUAL Assault Counselling Centre
627B Victoria St Kamloops... 250-372-0179

SHELTER Aid For Elderly Renters (SAFER)
Toll Free..... 1-800-257-7756

SPCA Society For Prevention of Cruelty To Animals
1211 8 St Kamloops..... 250-376-7722
www.spc.bc.ca

STREET Clinic
437 Lansdowne St Kam..... 250-372-7585

THOMPSON Community Services
Kamloops..... 250-828-1508

TENANT Resource & Advisory Centre (TRAC)
Toll Free..... 1-800-665-1185

VENTURE Kamloops
297 1st Ave Kamloops..... 250-828-6818

VETERANS Affairs Canada
Toll Free..... 1-866-522-2122

VICTIMLINK
Toll Free..... 1-800-563-0808

VOLUNTEER BC
Vancouver..... 604-873-5877
www.volunteerbc.ca

WAGE Subsidy Centre
3-275 Seymour Kamloops..... 250-372-1666

WELCOME Wagon
Kamloops..... 250-372-7900

WESTERN Institute For The Deaf & Hard of Hearing
Toll Free..... 1-888-736-7391

TTY..... 1-888-736-2527

YMCA/YWCA
400 Battle St Kamloops..... 250-372-7725