Senior Games

(Gray = athletics/sports)	Alberta	B.C.	Manitoba	Nova Scotia	Ontario	Sask.	Canada
45s				X			
5-pin bowling		X	X	X	Х	Х	Х
archery		Х					
arts and crafts	X		X				
badminton		X		X			X
bocce	Х				X		Х
bridge	Х	Х	Х	X	Х	Х	Х
carpet bowling		Х	X		Х		Х
creative writing	X						
cribbage	Х	Х	X	X	X	Х	Х
crokinole				X			
cycling	Х			X	Х		Х
darts		Х	X	X	X		Х
dragon boat		Х					
equestrian		X					
euchre					X		
floor curling	Х	X	X				X
golf	X X	Х	X X	Х	X	Х	Х
horseshoes	Х	Х	X		X		
Ice/stick curling		Х		X			X
ice hockey		Х		X			Х
kaiser						Х	
lawn bowling		Х		X	Х		
mountain bike		X(cancelled this year)					
pickleball		X		X	Х		Х
poetry and short story						Х	
pool	Х			X		Х	Х
scrabble			X	X		X	Х
shuffleboard (incl. Floor)	Χ		X	X	Χ	Х	Х
Skip-bo				X			
slo-pitch	Х	X	Х		X	Х	X

Senior Games

	Alberta	B.C.	Manitoba	Nova Scotia	Ontario	Sask.	Canada
snooker			X			X	
soccer		X					
swimming	X	X	X	X	X	X	X
table tennis		X					
tennis	X	X		X	X		X
track and field	X	X	X	X	X	X	Х
washer toss				X			
whist	X	X	X			X	Х

note: some sports are similar but go by different names in different areas,

for the most part these have been left separate in the event there are slightly different rules.

note: any walking or running events have been added under track and field instead of separating every event

note: each area offering arts and crafts offers a different variety of activities under the category.